



Winter Storm Survival

If at all possible, listen to weather reports and get off the road before a winter storm strikes.

Prepare for Kansas winters by keeping a mini survival kit in your vehicle, including the following items at a minimum:

- **Blankets** – Extra blankets or sleeping bags to keep warm.
- **Food** – Non-perishable food items, such as granola bars, nuts, and canned soups.
- **Water** – Bottled water for drinking and cooking.
- **Tools** – A shovel, ice scraper, and jumper cables.
- **First Aid Kit** – A basic first aid kit to handle any injuries.
- **Flashlight** – A flashlight with extra batteries.
- **Cell Phone** – A fully charged cell phone for emergencies.
- **Map** – A map of the area you are traveling through.
- **Winter Tires** – If you live in an area with frequent winter weather, consider installing winter tires.

If you become stranded in a winter storm:

- ◆ **Do not panic** – Always work slowly to avoid overexertion. Attempting to push a vehicle or shovel even small amounts of snow may lead to a heart attack.
- ◆ **Stay in your vehicle** – If you become stranded, stay in your vehicle. It is the safest place to be. If you must exit the vehicle, do so carefully and stay close to the vehicle. Do not walk away from the vehicle.
- ◆ **Keep fresh air circulating** – Open a window downwind to provide proper ventilation. Do not open windows upwind, as this will allow cold air to enter the vehicle.
- ◆ **Keep active** – Clap your hands and move your arms and legs vigorously from time to time to keep warm.
- ◆ **Turn on your dome light** – Turn on your dome light to make your vehicle more visible to other drivers.
- ◆ **Do not permit all occupants of the vehicle to sleep at the same time.**

If you're stranded, call for help on your cell phone:

- ◆ If you're on a cell phone, call 511 for road condition and weather information. If you are in a remote area, call 911 for emergency assistance.
- ◆ If you have a satellite phone, call 911 for emergency assistance.
- ◆ If you're stranded in a remote area, call 911 for emergency assistance.
- ◆ Call 511 or 1-866-511-KDOT (5368) for road condition and weather information.

